

LATVIA



PIENS UN AUGĻI
MANI DRAUGI!

"School Milk and Fruits" School year 2022/2023

Activities

Conversation festival "LAMPA"

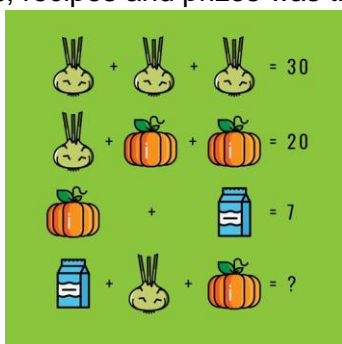
In summer of 2023 "School Milk and Fruits" with the Ministry of Agriculture participated in conversation festival "LAMPA" to talk about what is the "taste of childhood" and how we come to it:

<https://festivalslampa.lv/lv/video-arhivs/2085>



The social media contest for school you "How big of an expert are you about milk, fruits and vegetables?"

In spring of 2023 a contest was held. "How big of an expert are you about milk, fruits and vegetables?" In attractive way, respondents are asked to answer various questions related to the programme. Games, tasks, recipes and prizes was the aim of contest!



Activity for kindergartens "Watch how a plant grows from a seed!"

In spring of 2023 kids in kindergartens had the opportunity to participate in the project "Watch how a plant grows from a seed!" Kindergartens were supplied with Plant Box sets of pea seeds, so that children can get a practical sense of what skills and how much care is needed to grow plants and get a harvest. And now we all together can enjoy the wonderful [photos and videos](#) of the grown harvest! Peas were growing on lot of windowsills.



<https://piensaugliskolai.lv/en/teachers/spring-activities-of-the-programme/>

Agricultural exhibition RAMAVA "Spring 2023"

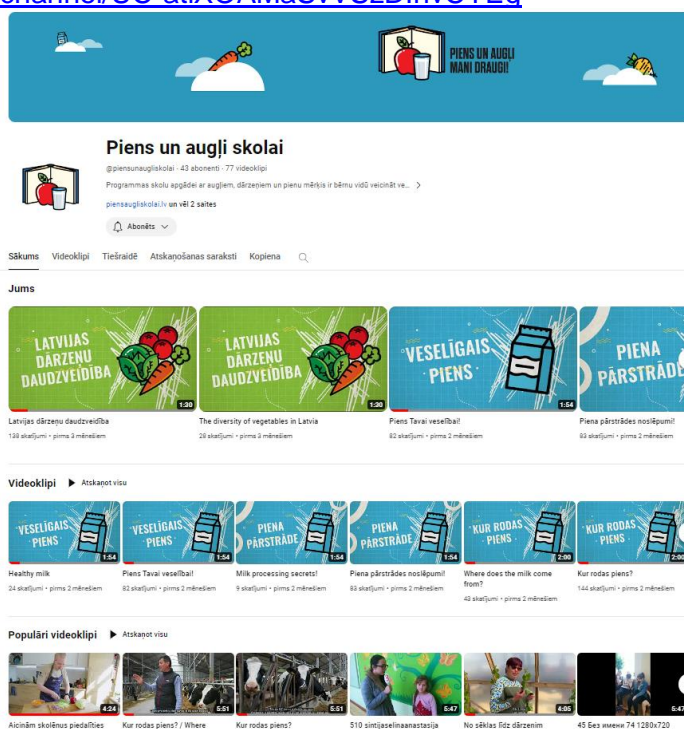
Every spring there is big agricultural exhibition RAMAVA "Spring", this time programme "School Milk and Fruits" experts were there talking with adults and children.



Social media

Youtube

<https://www.youtube.com/channel/UC-atiXOAMaSvVSzDInvCYEg>



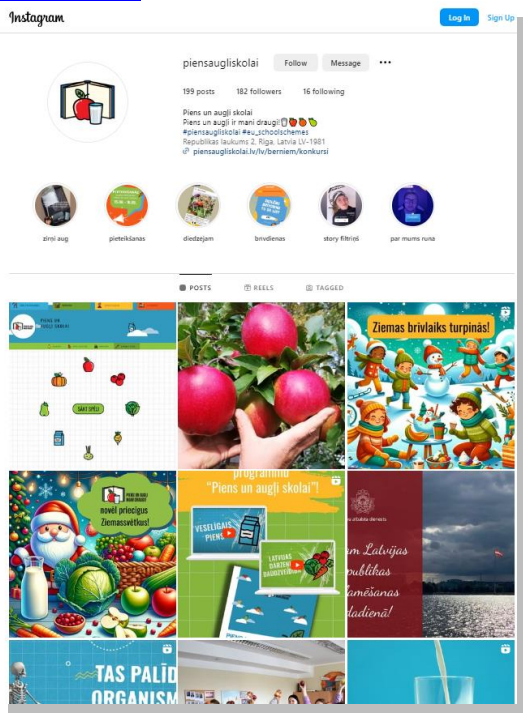
Facebook

<https://www.facebook.com/piensaugliskolai>



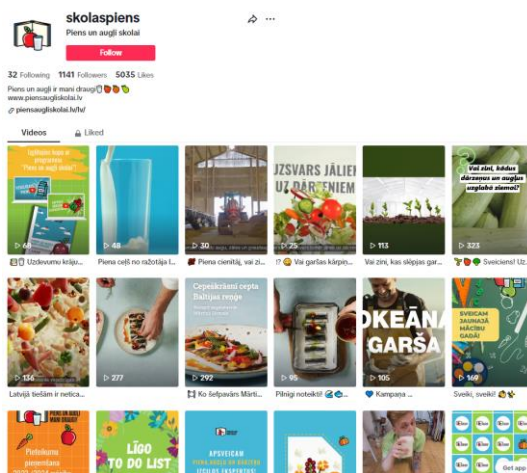
Instagram

<https://www.instagram.com/piensaugliskolai/>



TikTok

<https://www.tiktok.com/@skolaspiens>



Videos

In summer of 2022 two videos are created to promote program:

- In the video “Where does milk come from?” together with Egils we visit farm and see how calf’s are raised to milk cows. <https://www.youtube.com/watch?v=iUCcB0t118M&t=3s>
- In other video story everyone can find out how delicious and healthy vegetable – a cucumber – grows from a small seed https://youtu.be/eE6doIT3l0A?si=AM_s70MMzxCilwro